

# our work

*We provide programs and resources that support youth physically, academically, and socially through movement, mentorship, and community partnerships.*

- Martial arts and fitness programs
- In-school and out-of-school services
- Scholarships for students and families
- Community outreach initiatives
- Enrichment programs and field trips
- Internships for teens and young adults



# get involved

## Ways to Support

- Donate
- Volunteer
- Partner with Us



*Scan the QR code to get Involved today.*

<https://bio.site/FMAImpactFoundation>

## Apply for Student & Family Support Funding



*Scan the QR code to apply or learn more.*

*The FMA Impact Foundation offers support to eligible students and families to help offset program costs and increase access to our services.*

## Contact Us

 **FMA Impact Foundation**

10965 Baltimore Ave  
Beltsville, MD 20705

 **(301) 503-9082**



*"Empowering Youth Through Movement & Opportunity"*



# our mission

Our mission is to empower youth in underserved communities through fitness, martial arts, educational support, and positive mentorship, while strengthening communities by partnering with schools, families, and local organizations to help youth succeed in and out of the classroom.

# our impact

500+

YOUTH SERVED ANNUALLY

20+

SCHOOLS & COMMUNITY PARTNERS

# their stories



“ FMA has helped me build confidence, discipline, and belief in myself. — Student Participant ”

# our vision

A future where youth have equitable access to fitness, education, and safe, supportive environments that foster confidence, leadership, and lifelong success.

1,000+

HOURS OF MENTORSHIP PROVIDED

100%

COMMITTED TO YOUTH SAFETY AND GROWTH

(example staff group photo)



“ FMA has helped me build confidence, discipline, and belief in myself. — Student Participant ”

